



**MEDICAL SOCIETY OF
THE COUNTY OF KINGS**



**THE ACADEMY OF
MEDICINE OF BROOKLYN**

1822-2022
BICENTENNIAL

**BICENTENNIAL STATED MEETING
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ADVOCACY, DEDICATION & CARE OF
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To Honor

Outgoing President

Lawrence Melniker, MD

*to recognize his distinguished services as the President of the
Medical Society for the year 2021*

and

Incoming President

Jagdish K. Gupta, MD

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THE MEDICAL SOCIETY OF THE COUNTY OF KINGS, INC.
AND
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President of the Medical Society for the year 2021*

Incoming President for 2022

Jagdish Gupta, MD

and

MSSM President for 2022

Parag Mehta, MD

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**Medical Society of
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**The Academy of
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President's Message

Happy Bicentennial to One and All!

It is an honor and a privilege to greet you at the Bicentennial Stated Meeting of the Medical Society of the County of Kings, the 201st Annual Stated Meeting of the oldest scientific organization in Brooklyn. As a history buff, in particular medical history, it has been a great stroke of luck to be the MSCK President at this most auspicious time.



First, I would like to congratulate Dr. Jagdish K. Gupta, who will ascend as the 174th President of the MSCK during our meeting tonight and Brooklyn's own Dr. Parag Mehta, who became the 196th President of the Medical Society of the State of New York this past weekend. With gratitude and appreciation, I would like to thank Dr. Mehta for bringing me into the Medical Society and for his guidance and mentorship over many years.

The leadership of MSCK and its Bicentennial Celebrations Committee are planning and organizing numerous events throughout this Bicentennial Year. Tonight's Annual Stated Meeting is our second major celebration of 2022. During the reception, our Directing Librarian and Curator, Dr Donald Moore, is presenting the first in a series of multimedia exhibitions of the Treasures of the Medical Society of the County of Kings.

The Medical Society has traversed a long and winding road over its first 200 years and celebrated its Centennial in 1922 and Sesquicentennial in 1972 highlighting the rich history and vital role Brooklyn has played in the history of medicine in America. We shall make our predecessors proud by bringing into focus the past 50 years of accomplishments of the Brooklyn medical community during all our Bicentennial Celebrations and the special Bicentennial Bulletin to be published later this year. We will highlight the progression of knowledge, psychomotor skills, and technology in each specialty serving in Brooklyn.

My career, starting with SUNY Downstate Medical College, has been better and more fulfilling than I ever imagined it would be - and I have always had a very active imagination! For the Bulletin, I will write about my professional life as an Emergency Physician. My specialty was just being birthed 50 years ago, and now Brooklyn graduates over 60 ER Docs every year adding to the several hundreds who have come before them. The specialty of emergency medicine across the country - and right here in Brooklyn - has had the great honor of taking the lead on a once-in-a-lifetime paradigm shift in physical medicine with the advent and promulgation of point-of-care, clinician-performed sonography.

Today, our healthcare delivery system still emphasizes the treatment of illness and injury over the prevention of such maladies, but with the marriage of clinical expertise and information & communications technology, we may now provide medical evaluation & management of unprecedented quality, scale, and scope to every member of our community - at the office, hospital, and their home. If we continue to overcome the barriers to access to care and promote patient-centered and precision care through the use of high-quality medical and telemedical technologies, we will finally achieve the promotion of health our society so richly deserves - a true move towards the democratization of healthcare and wellbeing.

Lawrence A Melniker, MD, MS, MBA

173rd President, Medical Society of the County of Kings

Heartiest Congratulations!!!

Mom & Dad

We are very proud of all your achievements



Lots of Love & Best Wishes

Drs. Anu & Arnab Ghatak

Drs. Srishti & Vas Narasimhan

Dr. Vishal Gupta

Sia & Som Ghatak, Kabir & Sai Narasimhan



**Medical Society of
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President 2022-2023 Message

I am very humbled, truly privileged, and extremely honored to welcome you all to our 201st Bicentennial Stated Meeting by the Medical Society of The County of Kings and the Academy of Medicine of Brooklyn. This year's meeting is especially auspicious as it continues the yearlong celebrations of our bicentennial.



The COVID-19 pandemic upended the rhythms of our personal and professional lives. Traditional workings of our medical society came to a screeching halt. However, as an organization, we persevered, reimagined our operations, and implemented new strategies. Virtual meetings replaced in-person meetings. We amended our by-laws to facilitate electronic elections. Surveys became instrumental in soliciting opinions and fostering democratic governance. Social media and our website became the backbone of our communications strategy to foster unity and togetherness despite social distancing. Overall, the organization was renewed and brought into the 21st century. I am grateful to Dr. Valluru, Dr. Prasad Gudavalli & Dr. Larry Melniker, and everyone in our leadership team for all their hard work during possibly the most challenging time in our organization's history.

Team 2022-2023 promises to continue this progressive transformation. The central focus during my presidency will be to bring harmony to our efforts, empower ourselves to increase membership, enhance membership benefits, create programs for wellness, end disparities in patient care, and bring equity in healthcare to all, irrespective of caste creed or financial status.

Reflecting on the last 200 years of our most prestigious professional organization, I am amazed at the caliber, intelligence, and forward-thinking ideas of all my great predecessors. They left indelible marks with their achievements and accomplishments in the fields of research, education, innovation in medical and surgical technology, and patient care. I am humbled to follow in their footsteps and am grateful to each of them. Tonight, we highlight the achievements and outstanding contributions of an impressive and inspirational set of honorees representing 50 years of continuous, diligent, and impartial services to our Brooklyn community. These 12 esteemed honorees have distinguished themselves in the fields of community service, patient advocacy, medical innovation, and clinical practice. These honored physicians have saved countless lives and brought relief to thousands of patients over the last 50 years. Their influence extends far beyond those in their direct care. They have served as role models for numerous students, residents, and fellows for over five decades.

Finally, as we continue to make our way through this next phase of the pandemic, I would like to express my heartfelt gratitude and appreciation to every physician practicing in our County. Brooklyn is my home, and having practiced medicine here for over 50 years, I know that Brooklynites are intelligent, practical, and community-focused. Like so many past challenges we have conquered, we will also overcome this pandemic. Let us be optimistic that we will rebuild Brooklyn with kindness, compassion, equality, and healthcare for all. Good times are ahead.

Jagdish K. Gupta, MD, FACP, FACC

President 2022-2023, Medical Society of the County of Kings

Congratulations to Jagdish Gupta

*A most stalworth and righteous man
The County is fortunate to have you at the helm*

Congratulations to Parag Mehta

*He has found the right path and leaves beautiful footprints! A life like this
will be remembered as a great life!
- Mehmet Murat Ildan*

*Thank you to Lawrence Melniker, Prasad Gudavalli, Pardha Valluru and the
rest of the Board of Trustees & Comitia Minora for your leadership and
dedication during the last two years which surely tested our metal.*

*I am grateful to you all for your support during my time as Chair of the
Board of Trustees.*

**"You cannot build character and courage by taking
away a man's initiative and independence."**

-- Reverend William John Henry Boetcker (1873-1962)

Thank you most of all to my Anthony....

Don't Try....Do...(Yoda)

Lisa Eng, DO, FACOG

Outgoing Chair, Board of Trustees, MSCK



**Medical Society of
the County of Kings**



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Chair, Board of Trustees Message

"Enjoy the little things, for one day you may look back and realize they were the big things." Robert Brault



"Do not spoil what you have by desiring what you have not; remember that what you now have was once among the things you only hoped for." Epicurus

I was planning on writing clever musings - but then decided to just simply thank people and express my gratitude for the opportunity to work with a dedicated group of physicians who give up their personal time to fight for our patients, our peers, our community and the Society.

I would be remiss if I didn't say I am grateful to my husband whom I waited 50 years for, he is the yin to my yang and keeps me on my toes. I am grateful to my amazing parents - Buck who is 96 years old and Lila who will be 89 years old this year - they taught me perseverance and how to appreciate what I have and not to worry about what I don't have. I am grateful for a roof over my head, a bed for that same head and not feeling hungry unless I choose to. I have much joy for my friends who keep me laughing and always have my back.

I cannot thank Dr. Donald Zarou enough, my former chair and mentor, for telling me to always keep my private practice and taught me HOW to run one; he said when you give that up to a hospital you will become expendable and replaceable. He was a prophet! He also made me join every medical society and made it clear to his residents that engagement was important.

I wish the new officers Godspeed and may the wind always be at your back. Drs. Gupta and Mehta - our County and State Society leaders - talk about a one two punch! Thanks to Drs. Valluru, Gudavalli, Melniker, Dunn and Moore - for their leadership on the Executive Board, Board of Trustees and Bicentennial Celebration. Thanks to the Comitia Minora and the rest of the Board for their work during the last two crazy years and keeping it together and moving us forward.

The fight for physicians and our patients is only beginning - remember to fight the ignorance, apathy and inertia and not each other. We are not helpless and we should not accept status quo; we should be writing the narrative - allowing hospitals and insurance companies to do it is a mistake.

To my fellow warriors - "leadership is an action, not a position" - *Donald McGannon*.



Congratulations

Dr. Jagdish K. Gupta
for taking over
as President of MSCK!



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**Medical Society of
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Vice Chair, Board of Trustees Message

This year marks a significant milestone for the Medical Society of the County of Kings with the celebration of its 200th anniversary. Membership in all Medical Societies is a prestigious affiliation that is open only to physicians. Jagdish, you have by your intellect, vigor, passion and sacrifice rose above the competition and have achieved the honorable title. Physicians are groomed to be leaders and the public expects them to, altruistically, impact the wellbeing of all people. The mission of the organization is to promote, through political activism and education, standards which incorporate the highest of ethics to provide proficient medical care.



For many of us, our original vision of being a physician is that of one who is empowered. That is not the current climate of practice. Managed care has insurance companies deciding if it should allow you to carry out your treatment plans. We are witness to government bureaucrats creating medical policies. These policies restrain the physician's delivery of care as though it was the law of the land. It is common knowledge that discussing topics of politics, money or religion, in the workplace, is inappropriate and can end a career. Physicians should not, as leaders, remain quiet on topics which pertain to health care. Having your mission as a leader stunted is a pathway to professional 'burnout'. The Society monitors the healthcare delivery system so as to protect the quality of medical care as well as the interests of the medical profession.

The Medical Society provides a forum in which physicians can discuss all issues. Dialogues are conducted with civility. As members of The Society, we remain respectful and present accurate information. Dialogues are inclusive of those who offer opposing opinions. At sponsored events and in committee there are opportunities to network with colleagues who are like minded. It is also a forum to discuss, with consideration, opposing viewpoints. The Society advocates for patients and physicians as it 'hammers out the details which pose obstacles to optimal care. The organization strives to be a 'safe space' for speaking out on grievances and professional issues.

Change requires an agenda, access to the news media and the ear of politicians. Most of all creating change requires the support of many physicians acting together on a common goal. The Society, with its 200 years history has this clout. Its influence could be made stronger with a larger membership roll.

The historic Medical Society of the County of Kings is more relevant than ever. It is your shelter in these controversial times. Today's practice of medicine is monetized and politicized and patient care options are compromised. The response to the Covid-19 crisis, advances in medical technology, the opioid crisis, and rising pharmaceutical costs are just some of the issues which need the oversight of physicians

I quote the American philosopher, William James, "Act as if what you do makes a difference, it does". With this affirmation, in mind, I implore each member to actively campaign to recruit other physicians to the Society. A strong Medical Society represents physicians continued passionate commitment to the betterment of all of society.

Sherman Dunn DO, FACOOG (Dist.), FACOG

Vice Chair, Board of Trustees

Medical Society of the County of Kings



CONGRATULATIONS
AND OUR BEST WISHES TO
THE NEW PRESIDENT
DR. JAGDISH GUPTA MD FACP FACG.

WE APPRECIATE AND THANK YOU FOR YOUR LEADERSHIP
AND YOUR CONTRIBUTIONS
TO THE COMMUNITY AT LARGE, TO ORGANIZED MEDICINE AND
THE MEDICAL SOCIETY OF THE COUNTY OF KINGS'
DURING THIS BICENTENNIAL YEAR



**PRASAD GUDAVALLI, MD FACS
AND MADHU GUDAVALLI MD FAAP**



**Medical Society of
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Past President's Message

Greetings,

It was a privilege, and a distinct honor to serve as the 172nd President of the esteemed Medical Society of The County of Kings for the year 2021. It was a rewarding and interesting experience.



My tenure was foreshortened due to the constraints of the Covid -19 Pandemic and due to my short, temporary disability. I appreciate and thank Dr. Pardha Valluru and Dr. Lawrence Melniker for filling in for me. We conducted all our business virtually and postponed the Stated meetings for 2020 and 2021 anticipating safer conditions in 2022.

During the year, in addition to fulfilling many organizational and Legislative meeting obligations, we established a Covid Task Force and made significant effort in educating the public about Covid-19 pandemic and to reduce vaccine hesitancy.

I am happy, during my tenure we were able to increase our membership. Thanks to the continued support of The President Mark De Fazio of The Medical Board of New York Presbyterian Methodist Hospital, we continued to maintain their institutional membership. Through the good efforts of Dr. Lisa Eng, the entire membership of CAIFA joined MSCK.

I am quite optimistic that during this Bicentennial year, working with the MSSNY leadership, MSCK will be able to establish a uniform Membership fee to include all physicians, in all the hospitals, professional organizations, and all independent community physicians in Kings' County.

Year 2022 is very special in the history of The Medical Society of The County of Kings as we celebrate the 200th Anniversary of this esteemed organization. Together let us make this a memorable year in the annals of our Society.

The incoming President Dr. Jagdish Gupta has impressive resume and has great organizational skills. He is going to be an excellent leader to lead this organization. I wish him and his team nothing but the best.

My thanks are especially due to The Chairperson of The Board of Trustees, Dr. Lisa Eng for her advice and unstinted support.

I want to recognize and thank Dr. Parag Mehta for his role as a senior statesman and for his advice and guidance despite his multiple responsibilities at Methodist Hospital, MSSNY and AMA in addition to his active clinical practice and teaching responsibilities.

I want to thank all the other wonderful people in the Executive committee, The Board of Trustees, The Comitia, and all the senior members including Adolf Meyer, Stephen Danziger, Steve Kaner, Robert Frankel, Lance Austin, Pardha Valluru and Abdul Rahman and many more, for their wisdom, guidance, and advice in all matters.

Thank you.

Prasad Gudavalli

Past President

Medical Society of the County of Kings



Thank you
Dr. Lawrence A. Melniker
for your services



Congratulations!!
Dr. Jagdish K. Gupta
for being elected as President of MSCK

Parag Mehta M.D. FACP
Senior Vice Chairman, Dept. of Medicine
Chief Medical Information Officer
NewYork-Presbyterian Brooklyn Methodist Hospital
Governor NYACP: Queens, Brooklyn, Staten Island
Physician Wellness Champion, ACP
President, MSSNY
Delegate: MSSNY to American Medical Association



**Medical Society of
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President MSSNY Message

Dear Friends,



Congratulations to the Medical Society of the County of Kings on celebrating the bicentennial year. Two hundred years ago, the life expectancy of our population was 35 years. Now, advances in medicine have added many years to life, increasing our life expectancy to 80 years and the quality of life during those 80 years. Brooklyn physicians and scientists have made significant contributions to these meaningful advances in medicine with discoveries and leadership. I am grateful for the services and sacrifices made by the physicians and healthcare heroes during the Covid 19 pandemic.

Congratulations to Dr. Lawrence Melniker for a successful year as president, and best of luck to Dr. Jagdish K. Gupta for the coming year. With your wide-ranging experience in organized medicine, meticulous nature, and collaborative skills, I believe MSCK will continue to develop engaging programs for its members to drive forward progress in medicine. I know you have a talented executive committee and comitia that will help you achieve your lofty goals.

MSCK has remained at the forefront for the health of the people of Brooklyn. I am excited to work with you in the coming year.

Yours truly,

Parag Mehta MD FACP

President

Medical Society of the State of New York

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Dr. Art Fougner Message

When President Dr. Jagdish Gupta asked me to write a comment for the journal, I leapt at the opportunity. When



I attended my first MSSNY House of Delegates in Rochester, NY, I shared a cab from the airport with one of your luminaries, Dr. Veronica Santilli. When a newly elected officer for our County of Queens, the first Annual County Society Meeting I attended as a guest was the Kings County Annual. When I was asked to support the candidacy of Dr. Parag Mehta, I was and am an enthusiastic supporter. I maintain that the best interview any MSSNY president ever gave with the national media was that of Kings' own Dr. Sam Unterricht with Greta Van Susteren on healthcare reform. We in Queens happily maintain strong ties with our Kings colleagues. Spirited conversations with

Dr. Donald Moore about single-payer and Dr. Bob Frankel about anything never fails to bring a smile. I can always count on Dr. Lisa Eng to hit the nail on the head. And Dr. Adolph Meyer will always be at the top of the list of our family's truest friends.

So it is with great pleasure and enthusiasm that as the current and soon to be ex-Chair of the Board of Trustees of your Medical Society of the State of New York, I salute the Medical Society of the County of Kings on your 200th Birthday. Oh, and please pencil me in for your next centennial event.

Warmest regards

Art Fougner MD



American Association of Physicians of Indian Origin Queens and Long Island

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Heartiest Congratulations & Best Wishes

To

Dr. Jagdish K Gupta

For getting installed the 174th President of the
Medical Society of County of the Kings (MSCK)



Vinni Jayam, MD, FACC

President

&

EC, BOT of AAPI-QLI 2022

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MICHAEL ———★———
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**CONGRATULATIONS TO DR. JAGDISH GUPTA ON HIS
NEW ROLE AS PRESIDENT OF THE MEDICAL SOCIETY
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**ALL THE BEST,
ASSEMBLYMAN MICHAEL TANNOUSIS
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May 25, 2022

Medical Society of the County of Kings
480 77th Street
Brooklyn, NY 11209

Dear Friends,

It is my honor to join with you tonight in celebration of the 201st Annual Stated Meeting of the Medical Society of the County of Kings. Congratulations to Dr. Lawrence A. Melniker on his successful stewardship of this illustrious organization, and to Dr. Jagdish K Gupta on his election to President. And to all the Physician Members being honored tonight, thank you for your 50 years of dedicated service to the Brooklyn community.

The Medical Society of the County of Kings (MSCK) is one of the oldest scientific organizations in the country, proudly serving Brooklyn and the medical profession for the last two hundred years. MSCK is a critical institution in our borough, as it has helped foster progress in the science and art of medicine while ensuring the highest of standards of ethical and proficient medical care. MSCK continues to demonstrate a commitment to the health needs of the community, and this has been especially true in the past two years.

The members of MSCK fought on the front lines of the Coronavirus pandemic through adversity and unprecedented challenges to keep New Yorkers safe. You risked your lives to heal us when we were sick and saved countless lives. You're still doing the work every single day, and we are grateful for your selfless dedication.

Safety requires community wellness, and I am committed to continuing our work together to make Brooklyn healthier, safer, and strong. As the chief law enforcement official of our borough, I thank you all for your service. Thank you again and God bless you all.

Sincerely,

Eric Gonzalez
Brooklyn District Attorney

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The Academy of
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Doctor's Recognition Day 2019





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Doctor's Recognition Day 2020 & 2022





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House of Delegates, Kings County & Richmond County



First Row (L-R): Drs. Parag Mehta, Madhu Gudavalli, Melissa Grageda, Monica Sweeney, Niraj Acharya, Pardha Valluru, Elizabeth Haines and Ms. Liz Harrison
Second Row (L-R): Drs. Ronald Solomon, Simon Kokkanakis, John Maese, Marc Mendelsohn, Adolph Meyer, Jagdish Gupta, Lee Loewinger, Prasad Gudavalli, Clarisse Clemons-Ferrara
Third Row (L-R): Drs. Jack D'Angelo, Sal Volpe, Donald Moore, Steven Kaner, Gennidiy Grutman, Moustafa Elsheshrawy, Robert Frankel, Lance Austein
Missing from Photo: Drs. Sherman Dunn, Larry Melniker, Deeptha Nedunchezian,





Medical Society of
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The Academy of
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Glimpses of the Past-President Dinner 2017



Join your colleagues and friends at the

Bicentennial Stated Meeting

Keynote Speaker: Sanjiv Chopra, MD, MRCP, FRCP (London)



Noted physician and author

Former Faculty Dean for CME at Harvard Medical School
Marshall Wolf Distinguished Clinician Educator at Brigham and Women's Hospital.

Title: **The Two Most Important Days:
Reflections on Lasting Happiness and Living with Purpose**

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Some of his titles include:

Dr. Chopra Says Medical Facts and Myths Everyone Should Know

Conquer your Diabetes: Prevention Control Remission (Co-author Martin Abrahamson)

Live Better, Live Longer. The New Studies That Reveal What's Really Good and Bad for Your Health

Leadership by Example: The Ten Key Principles of all Great Leaders

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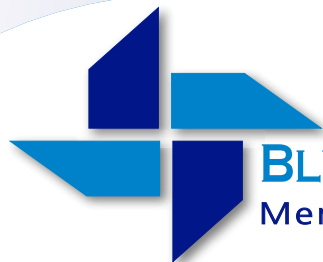
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004. Charles Ball	1833-1834	048. John C. Shaw	1893
005. Isaac J. Rapelye	1835	049. George McNaughton	1894-1897
006. Matthew Wendell	1836	050. Joseph H. Hunt	1898-1899
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024. Chauncey L. Mitchell	1858-1859	068. Albert M. Judd	1917
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026. Christopher R. McClellan	1861	070. Stephen H. Lutz	1919
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037. Alexander Hutchins	1876-1878	081. Luther F. Warren	1930
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098. Abraham Koplowitz	1947	142. Veronica C. Santilli	1991
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100. Irwin E. Siris	1949	144. Julius Holtzman	1993
101. Charles W. Mueller	1950	145. L. P. Hinterbuchner	1994
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103. Charles H. Loughran	1952	147. Calvin J. Simons	1996
104. Louis Berger	1953	148. Joseph C. Amico	1997
105. Alfred P. Ingegno	1954	149. Rubin Berlinerblau	1998
106. Solomon Schussheim	1955	150. M. Monica Sweeney	1999
107. Robert F. Warren	1956	151. Sam L. Unterricht	2000
108. Aaron Kottler	1957	152. Martin Lee	2001
109. John J. Flynn	1958	153. Steven M. Kaner	2002
110. David Kershner	1959	154. Sanjay K. Jain	2003
111. Warren A. Lapp	1960	155. Leone L. Waltrous	2004
112. Irving M. Pallin	1961	156. Steven I. Sherman	2005
113. Leslie H. Tisdall	1962	157. Robert A. Frankel	2006
114. Leo S. Drexler	1963	158. Donald E. Moore	2007
115. Julius E. Stolfi	1964	159. Evelyn P. Dooley-Seidman	2008
116. Harry S. Lichtman	1965	160. Steven A. Farber	2008-2009
117. Vincent J. Tesoriero	1966	161. Parag H. Mehta	2009
118. Lawrence Ames	1967	162. Harold Parnes	2010
119. Robert A. Moore	1968	163. Niraj N. Acharya	2011
120. Matthew Brody	1969	164. Lisa Eng	2012
121. A. W. Martin Marino, Jr.	1970	165. Adolph B. Meyer	2013
122. Stanley Stark	1971	166. Lance I. Austein	2014
123. Ralph Schwartz	1972	167. Sherman Dunn	2015
124. George Liberman	1973	168. Travis E. Meyer	2016
125. Joseph R. Fontanetta	1974	169. Hilary E. Fairbrother	2017
126. Norman S. Blackman	1975	170. Lee E. Loewinger	2018
127. Martin Markowitz	1976	171. Pardha S. Valluru	2019
128. M. Theodore Tanenhaus	1977	172. Prasad R. Gudavalli	2020
129. Bernard Post	1978	173. Lawrence Melniker	2021
130. Leo J. Swirsky	1979		
131. Robert E. Gordon	1980		
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**Medical Society of
the County of Kings**



**The Academy of
Medicine of Brooklyn**

Bicentennial Essay by Donald E. Moore, M.D., M.P.H.

Why Are We Still Here After 200 Years?

For an entity or idea to last 200 years, it must be good. As the Medical Society of the County of Kings celebrates 200 years of continuous service to the people of Brooklyn, we must pause and ask - why are we still here?

Organized medicine struggles to attract members despite myriad inducements but our history shows that doctors will engage around issues of professionalism, education, collegiality, and a call to service.

Why County Medical Societies Formed

The first business of the Medical Society of the County of Kings (MSCK), formed in 1822, was the regulation of the practice of medicine. In 1806, the New York State legislature passed an "act to incorporate (county) medical societies for the purpose of regulating physic and surgery in the state." Most scholars believed that medical practice needed regulation at that time since anyone with a desire to peddle an herb, a concoction, a process, or a procedure was free to do so. Numerous medical sects competed for patients at the beginning of the nineteenth century. There was homeopathy, eclecticism and of course, there were the regulars - that's us, the sect that Hahnemann labeled allopathy.

We practiced heroic, "four humoral theory of medicine of 2000 years old from the time of Galen" and revolutionary era of Rush. Therapies included bloodletting, purging, blistering, and high doses of mineral poisons like mercury and arsenic. Opioids like morphine or mixtures like alcohol and morphine known as laudanum were our most effective treatments for pain. General anesthesia was not yet available.

Being a Doctor

Our Society granted 16 licenses in the county of Kings until we were relieved of this duty by the state government in 1881. A successful candidate for a license, having been approved by the Society's Censors, could choose to receive the diploma in English or Latin. On receipt of the diploma, the licentiate signed a declaration that "he would honestly, virtuously and chastely conduct himself, and with fidelity and honor do everything in his power for the sick committed to his care." Yes, this Society promoted medical ethics and encouraged morality among its physician members.

Almost a quarter century after the formation of the Medical Society of the County of Kings, physician Nathan Smith Davis from Binghamton, New York, reflecting poorly on his medical education, introduced a resolution at the New York Medical Association calling for a national medical convention. He went to Philadelphia in 1847 and exhorted his colleagues to form the American Medical Association (AMA). The first business of the AMA was to draft a code of medical ethics. This was not the first national medical organization as the American Institute of Homeopathy was formed in 1844. The AMA battled the homeopaths for many years and, like its component state and county societies, did not always act ethically and justly. Nonetheless, over the 175 of its existence the AMA did exhort physicians to act ethically through its various codes and the Council on Ethical and Judicial Affairs.

Doctor Means Teacher

MSCK President Frank D. Jennings commented in January 1922 at his Centennial address that "early meetings of the Medical Society were singularly devoid of scientific consideration or discussion." He continued that this was the so even though cholera raged in 1830 to 1849 and 1854 causing approximately 1800 deaths. Eventually the society did turn to the science of medicine and a scientific committee was appointed. The proceedings of the society were published initially in the New York Journal of Medicine beginning in 1858. The Society soon spawned subspecialty societies. The first was the Medical-Chirurgical society which would cease to exist in 1866. The Brooklyn Gynecological Society, the Brooklyn Pathologic Society, the Brooklyn Neurologic Society, and the Kings County Medical Association soon incorporated in the latter half of the 19th century.

The Kings County doctors excelled in scholarship in the late 1800s. William Ryerson Fowler, surgeon in chief at Brooklyn City Hospital and Saint Mary's Hospital and head of the medical staff at Seney Hospital (later to be known as The Methodist Hospital) wrote treatises on abdominal surgery, appendicitis and explorative laparotomy. He performed the first thoracoplasty and became known for the Fowler position. He was appointed Chief Surgeon in the United States Volunteer Army. Alexander James Chalmers Skene published over 100 papers and several textbooks. He is known for the eponymous Skene's gland and Skene's duct cyst. John Byrne was the first President of the Brooklyn Gynecological Society. His work attracted many scholars to Brooklyn including the famous surgeon, "the father of gynecology," James Marion Sims. Byrnes was a founder of Saint Mary's Hospital and a co-founder of the Long Island College Hospital. These men along with many others such as Lewis Pilcher and Charles Jewett were MSCK contemporaries in the last decade of the nineteenth century who catapulted the Society to great heights.

A Public Health Agency

Public Health has been a major activity of the Medical Society of the County of Kings since its inception in 1822. Joseph



Medical Society of the County of Kings



The Academy of Medicine of Brooklyn

G.T. Hunt, a founding member of the Kings County Medical Society and the Society's 2nd president was appointed health officer of the newly formed Health Department of the City of Brooklyn in 1824.

In 1926, Alfred Shipley described the Society's Public Health Committee as a public health agency. He recounted the fact that the committee collaborated with other public health agencies such as the City Department of Health, Department of Public Welfare, the Hospital Council of Brooklyn, Visiting Nurse Association, Maternity Center, Brooklyn Tuberculosis Committee, Health Examination Committee of Brooklyn, the Committee on Dispensary Development and Brooklyn Chamber of Commerce. He reported that many national bodies recognized the advanced position that Brooklyn, through its medical professionals and county medical society, had taken in public health affairs. In his words, "from a public health standpoint the medical profession has put Brooklyn on the map."

This tradition continued through Duncan Clark who advocated for the addition of fluoride to the New York City water supply. Vernal Cave, and the Monica Sweeney were also pioneering MSCK presidents and public health advocates who worked through the New York City Department of Health to improve the health of Brooklynites, particularly in the area of venereal diseases.

The Library

In 1844, MSCK President Bradley Parker in his Inaugural address broached the subject of a library. 22 years later the library was formed and housed at the Long Island Historical Society. In 1888 the Brooklyn Medical Journal published his first volume. After 18 volumes the Brooklyn Medical Journal ceased publication and was succeeded by the Long Island Medical Journal which published most of the Society's proceedings between 1907 and 1930.

The Bulletin succeeded as the society's publication although recent volumes have been occasional. The medical library and the membership grew by such leaps and bounds in the latter half of the 19th century that it became clear that the Bridge Street headquarters that was purchased in 1887 was no longer adequate and the society needed a new home. In 1894, George MacNaughton, in the first of his successive four terms as president, advocated for a new building, which opened formally in May 1900. Among the notable accomplishments of the Medical Society of the County of Kings during the first half of the 20th century was the growth of the library to the extent where it became the fourth largest medical library in the country.

Continuing Medical Education (CME)

Continuing medical education, an idea first proposed by President Jennings during our Centennial, took hold in Kings County. The Society hosted renowned national and international lecturers at the MacNaughton Auditorium. This activity however became the providence of specialty societies and educational institutions as the 20th century came to a close.

In 1961, the Medical Society's library merged with the Downstate Library. In 1996, the Society vacated the 1313 Bedford Avenue edifice as declining membership made it difficult to maintain. Also, many members were disturbed by the changing neighborhood and the fact that the Armory of the 23rd Regiment across the street had become a homeless shelter.

Despite the loss of the MacNaughton Auditorium and the dissolution of the library with the sale of the 1313 Bedford Avenue Building, the Medical Society maintained the CME mission. MSCK hosted a statewide symposium on "The Legal Pitfalls of the Electronic Health Record" at the iconic Brooklyn Borough Hall in 2016. The Society partnered with the Provident Clinical Society, the Brooklyn affiliate of the National Medical Association for a virtual symposium on Vaccine Equity and Confidence in January 2021 at the height of the COVID-19 pandemic.

The Answer to The Question: Why Are We Still Here?

Medicine is a profession that continues to require regulation. If we do not regulate ourselves from within, we will be regulated externally. 20th century physician philosopher and ethicist Edmond Pellegrino reminded us that we are a profession, we declare aloud our morals and ethics. Collectively we do this through our organized medical societies. Our Centennial President, Jennings reminded us that doctor means teacher. Continuing medical education started in Brooklyn at the Medical Society of the County of Kings.

The extraordinary accomplishments of Brooklyn physicians and surgeons guided the Society in its medical and public health missions. The Medical Society of the County of Kings have provided leadership to the Medical Society State of New York (MSSNY) through thirteen MSSNY presidents including Lewis Pilcher from the early 20th century to the contemporary Parag Mehta.

Finally, physicians and surgeons are physical healers. For healing to occur there must be trust. Fidelity to the trust requires that the doctor must be a person of honor, veracity, benevolence, compassion, and courage. This is virtue ethics. When the community morals fail, professionalism will guide the individual physician, and the collective wisdom inherent in our organized medical societies will guide medical practice.



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"Leaders think and talk about the solutions. Followers think and talk about the problems." --Brian Tracy

Oh the places you will go...Dr. Seuss

***CONGRATULATIONS to Drs. Parag Mehta, MSSNY President
and Jagdish Gupta, MSCK President***

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In Memoriam to

Salama Salama, MD

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*For a Lifetime of Outstanding Contributions to the
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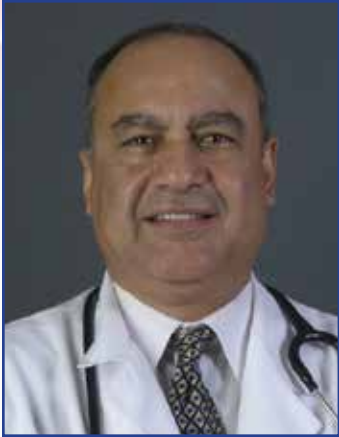


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Honoree

Salama Salama, MD

Dr. Salama Salama came to New York Presbyterian Brooklyn Methodist Hospital in 1993 as a resident in internal medicine. After a pulmonary fellowship at Coney Island Hospital and critical care fellowship at the Memorial Sloan Kettering Cancer Center, Dr. Salama returned to Methodist in 1999 to practice pulmonary and critical care medicine.



Dr. Salama is happiest when he is in the ICU teaching fellows, residents and medical students critical care medicine. He is devoted to his patients, and has the reputation among his pulmonary colleagues as being able to save the sickest patients, and has successfully extubated many patients who were thought to be unsalvageable. He managed one of our ICUs during the

worst of the COVID-19 epidemic. His courage, wisdom, knowledge, and magnificent sense of humor kept us going through this difficult time.

Dr. Salama is on the Executive Committee of New York Presbyterian Brooklyn Methodist Hospital. He is an active member of our Alumni Association.

New York Presbyterian Brooklyn Methodist Hospital staff congratulates Dr. Salama and his family on this wonderful honor.



CONGRATULATIONS
AND OUR BEST WISHES TO

**Dr. Salama and Dr. Camille Clare
This Doctors' Recognition Day of
The Special Year 2022 Celebrating
The Bicentennial Anniversary of MSCK**

WE APPRECIATE AND THANK YOU ALL FOR YOUR ACCOMPLISHMENTS,
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TO THE SOCIETY AT LARGE AND TO ORGANIZED MEDICINE.



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Honoree

Camille A. Clare, MD, MPH, CPE, FACOG

Camille A. Clare, MD, MPH, CPE, FACOG is Associate Professor of Obstetrics and Gynecology at New York Medical College. She is a board-certified obstetrician and gynecologist and attending physician at New York City Health + Hospitals/Metropolitan in Manhattan, New York. She received her medical degree from the Albert Einstein College of Medicine, Bronx, New York, and completed her obstetrics and gynecology residency at the State University of New York at Buffalo. She obtained a Master of Public Health in Health Policy and Management at New York Medical College. She is the Director of Resident Research in her department. Presently, she is the Associate Dean of Diversity and Inclusion at New York Medical College. She has received numerous teaching awards from the New York Medical College Department of Obstetrics and Gynecology for medical student teaching, consecutively for the past six years, and in 2012, received the Association of Professors of Gynecology and Obstetrics Excellence in Teaching award. In May 2018, Dr. Clare was inducted into the Alpha Omega Alpha Honor Society, Iota Chapter, New York, New York Medical College as a Faculty member. Dr. Clare was recently appointed as Chair and Professor at the Department of Obstetrics and Gynecology of SUNY-Downstate College of Medicine and School of Public Health, a role that she will take as of January 2021.

Dr. Clare is an active member of the National Medical Association (NMA), and has served in leadership roles on the local, regional and national levels. Currently, she is the NMA Region 1 Trustee and the Secretary of the NMA Board of Trustees. She is also the Chair Elect of the NMA ObGyn Section. Dr. Clare has received the National Medical Association Scroll of Merit award in 2016, which is the highest honor that the NMA bestows. She also received the Region 1 Service award in 2012, and the National Medical Association Obstetrics and Gynecology Section Award for Best Practices in Breastfeeding in 2017. She is an active member of the NMA ObGyn Section Breastfeeding Alliance, advocating for the elimination of disparities in breastfeeding in African American women. In addition to her service in the NMA, Dr. Clare has been an active member of American College of Obstetricians and Gynecologists(ACOG), serving in leadership roles on the section, district, and national levels, and on several national committees. She currently serves as the ACOG District 2 Chair.

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